

Patient Name:

Tongue/Lip Tie Symptoms



Mother's symptoms

- Creased/flat/blanched nipple after feedings
- Cracked/blistered/bleeding nipples
- Discomfort while nursing
- Plugged ducts
- Thrush/mastitis
- Sleep deprivation (Because baby is not able to nurse efficiently they compensate by nursing more often, leading to frequent night feedings)
- Low milk supply (Babies may not be able to stimulate milk production through vigorous nursing, leading to low milk supply.)

Baby's symptoms

- Difficulty latching on or falls off the breast easily
- Gumming or chewing the nipple while nursing
- Unable to hold a paci or bottle
- Gassy (babies with ties often swallow a lot of air because they cannot maintain suction properly)
- Colic
- Reflux
- Poor weight gain
- Excessive drooling
- Baby is not able to fully drain breast
- Choking on milk or popping off to gasp for air while nursing
- Falling asleep during feedings, then waking a short while later to nurse again
- Sleep deprivation (due to the need for frequent feedings)
- Extended nursing episodes – aka marathon nursing sessions
- Clicking noises while sucking
- Popping on and off breast often
- Biting – Babies who have trouble grasping the nipple sometimes try to use their teeth to hold on. (Once they come in, of course)
- Gap between teeth/jaw issues
- Speech difficulties
- Early weaning

Parent/Guardian Signature:

Date: